

PILATES CLASSES NOV/DEC TERM 2021

Day	Time	Class	Teacher	1st November - 17th December							Wks this term	To Pay
				01-Nov	08-Nov	15-Nov	22-Nov	29-Nov	06-Dec	13-Dec		
MON	08.50-09.45	Mixed Level + Zoom	Charlotte	01-Nov	08-Nov	15-Nov	22-Nov	29-Nov	06-Dec	13-Dec	7	£70.00
	10:00 - 10:55	Mixed Level	Charlotte	01-Nov	08-Nov	15-Nov	22-Nov	29-Nov	06-Dec	13-Dec	7	£70.00
	14.00-14.55	Beginners	Maryann	01-Nov	08-Nov	15-Nov	22-Nov	29-Nov	06-Dec	13-Dec	7	£70.00
	19:00 - 19:55	Intermediate	Charlotte	01-Nov	08-Nov	15-Nov	22-Nov	29-Nov	06-Dec	13-Dec	7	£70.00
TUE	10.00-10.55	Mixed level + Zoom	Lucy	02-Nov	09-Nov	16-Nov	23-Nov	30-Nov	07-Dec	14-Dec	7	£70.00
	11.30-12.20	Back care class	Lucy	***	09-Nov	16-Nov	23-Nov	30-Nov	07-Dec	14-Dec	6	£60.00
	18:30-19:25	Mixed Level	Mel	02-Nov	09-Nov	16-Nov	23-Nov	30-Nov	07-Dec	14-Dec	7	£70.00
WED	09:30 - 10:25	Mixed Level	Jen	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08-Dec	15-Dec	7	£70.00
THU	08:30 - 09:25	Mixed Level	Jen	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	7	£70.00
	09:40 - 10:25	Mixed Level	Jen	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	7	£70.00
	19:00 - 20:00	Mixed Level	Charlotte	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	7	£70.00
FRI	09:20 - 10:15	Mixed Level	Charlotte	05-Nov	12-Nov	19-Nov	26-Nov	03-Dec	10-Dec	17-Dec	7	£70.00
	10:30 - 11:25	Gentle M Level + Zoom	Charlotte	05-Nov	12-Nov	19-Nov	26-Nov	03-Dec	10-Dec	17-Dec	7	£70.00

Please book online at <https://app.gymcatch.com/provider/625/events>

You will need to create an account to make your booking, get reminders and pay securely to confirm your place
Please cancel your class on Gymcatch so that people on the waiting list can be notified and make use of your space.

Pick and Mix 7 Classes in the November/December with our Class Bundle of 7 at £70 - Book your individual classes Via Gymcatch under Packages/Bundles