



The Body Junction Price List

2021

CLASSES	Duration (Mins)			
Pilates	55	6 week term	£65	Reception 01424 215300
Pilates - Holiday sessions	55			Reception 01424 215300
Pilates - 1-2-1 Charlotte/Lucy/Daisy	60		£45.00	Reception 01424 215300
Fitness Class	45		£10 per session	Reception 01424 215300
Yoga Classes	75		£9	Rose 01424 215300

MASSAGE THERAPIES

Sports Massage Therapy	60	40.00		Larry 07952 923884
Various Massages with Kai	60 90	£50.00 (60 mins) £70.00 (90 mins)		Kai 07490 427977
Various Massages with Hayley	60 90	£40.00 £55.00		Hayley 07826 744151

HOLISTIC

Holistic Massage with Gemma	30 60	£30.00 (30 mins) £40.00 (60 mins)		Gemma 07960 545380
Indian Head Massage	30 60	£30.00 (30 mins) £40.00 (60 mins)		Gemma 07960 545380
Reflexology	60	£40.00 Hayley £40.00 Gemma		Hayley 07826 744151 Gemma 07960 545380
Reiki	60	£40.00		Gemma 07960 545380
Hopi Ear Candling	45	£30.00		Gemma 07960 545380

NUTRITIONAL/DIET

Naturopathic Nutritionist	60	£85.00 Then £65 follow ups		Nadja 07956283924
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CHIROPODY / PODIATRY

Nail cutting & foot massage	Various	£25.00		Linda 07715503884
General foot treatment	Various	£30.00		Linda 07715503884
Home visits available	Various	£40.00		Linda 07715503884
Other treatments available	Various	Please call to discuss		Linda 07715503884

ACUPUNCTURE

TCM Acupuncture (Traditional Chinese Medicine)	90	£55.00 (Then £45 60min follow ups)		Eleanor 07779 006821
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LASER & SKIN SPECIALIST

Laser hair & skin treatments, blemish removal, electrolysis, skin peels & dermaplaning	Various from £30	Please call to discuss		Kimberley 07918010852
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Vouchers available upon request