

				PILATES CLASSES TERM							
				Mon 4th January - Fri 12th							
Day	Time	Class	Teacher							Wks this term	To Pay
MON	8.50am	Zoom class	Charlotte	04-Jan	11-Jan	18-Jan	25-Jan	01-Feb	08-Feb	6	£65.00
	10.00am	Intermediate	Charlotte	04-Jan	11-Jan	18-Jan	25-Jan	01-Feb	08-Feb	6	£65.00
	7.00pm	Intermediate	Charlotte	04-Jan	11-Jan	18-Jan	25-Jan	01-Feb	08-Feb	6	£65.00
TUE	9.00am	Beginners	Lucy	05-Jan	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	6	£65.00
	10.15am	Mixed Level	Lucy	05-Jan	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	6	£65.00
	2.00pm	Beginners	Charlotte/ Lucy	05-Jan	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	6	£65.00
	6.30pm	Mixed Level	Mel	05-Jan	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	6	£65.00
WED	9.30am	Mixed Level	Jen	06-Jan	13-Jan	20-Jan	27-Jan	03-Feb	10-Feb	6	£65.00
	4.00pm	Mixed level	Sarah W	06-Jan	13-Jan	20-Jan	27-Jan	03-Feb	10-Feb	6	£65.00
	5.30pm	Beginners	Charlotte	06-Jan	13-Jan	20-Jan	27-Jan	03-Feb	10-Feb	6	£65.00
THU	8.30am	Intermediate	Jen	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£65.00
	9.40am	Mixed Level	Jen	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£65.00
	7.00pm	Mixed Level	Charlotte	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£65.00
FRI	9.30am	Mixed Level	Charlotte	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£65.00
	10.40am	Mixed Level	Charlotte	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£65.00

Please book online at <https://app.gymcatch.com/provider/625/events>

You will need to create an account to make your booking, get reminders and pay securely to confirm your place
Please cancel your class on Gymcatch so that people on the waiting list can be notified and make use of your space.

Classes are more £ due to low capacity , maximum 6 in each class.

Zoom class with Amy and or Charlotte : Mondays 8.50am- Mixed Level. Please message for the details if you'd like to join
