

				PILATES CLASSES TERM								
				Mon 2nd November - Fri 18th Dec								
Day	Time	Class	Teacher								Wks this term	To Pay
MON	8.50am	Zoom class	Charlotte	02-Nov	09-Nov	16-Nov	23-Nov	30-Nov	07-Dec	14-Dec	7	£80.00
	10.00am	Intermediate	Charlotte	02-Nov	09-Nov	16-Nov	23-Nov	30-Nov	07-Dec	14-Dec	7	£80.00
	7.00pm	Intermediate	Charlotte	02-Nov	09-Nov	16-Nov	23-Nov	30-Nov	07-Dec	14-Dec	7	£80.00
TUE	9.00am	Beginners	Lucy	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08-Dec	15-Dec	7	£80.00
	10.15am	Mixed Level	Lucy	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08-Dec	15-Dec	7	£80.00
	2.00pm	Beginners	Charlotte/ Lucy	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08-Dec	15-Dec	7	£80.00
	6.30pm	Mixed Level	Mel	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08-Dec	15-Dec	7	£80.00
WED	9.30am	Mixed Level	Jen	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	7	£80.00
	4.00pm	Mixed level	Sarah W	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	7	£80.00
	5.30pm	Beginners	Charlotte	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	7	£80.00
THU	8.30am	Intermediate	Jen	05-Nov	12-Nov	19-Nov	26-Nov	03-Dec	10-Dec	17-Dec	7	£80.00
	9.40am	Mixed Level	Jen	05-Nov	12-Nov	19-Nov	26-Nov	03-Dec	10-Dec	17-Dec	7	£80.00
	10.50am	Mixed level	Sarah W	05-Nov	12-Nov	19-Nov	26-Nov	03-Dec	10-Dec	17-Dec	7	£80.00
	7.00pm	Mixed Level	Charlotte	05-Nov	12-Nov	19-Nov	26-Nov	03-Dec	10-Dec	17-Dec	7	£80.00
FRI	9.30am	Mixed Level	Charlotte	06-Nov	13-Nov	20-Nov	27-Nov	04-Dec	11-Dec	18-Dec	7	£80.00
	10.40am	Mixed Level	Charlotte	06-Nov	13-Nov	20-Nov	27-Nov	04-Dec	11-Dec	18-Dec	7	£80.00

Please book online at <https://app.gymcatch.com/provider/625/events>

You will need to create an account to make your booking, get reminders and pay securely to confirm your place
Please cancel your class on Gymcatch so that people on the waiting list can be notified and make use of your space.

Classes are more £ due to low capacity , maximum 6 in each class.

If you were unable to make use of the videos sent out at the end of last term and need to claim a £20 discount
please pay £60 via bacs with your name as reference or cash or cheque or notify us so we can issue a refund.

Zoom class with Amy and or Charlotte : Mondays 8.50am- Mixed Level. Please message for the details if you'd like to join