

The Body Junction

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Risk Assessment Documentation

Coronavirus (Covid-19)

The purpose of this risk assessment is to identify any potential risk posed by the Coronavirus (Covid-19) to patients, staff and employees working at The Body Junction.

The aim is to identify any hazard such as potential areas of virus transmission and the degree of risk posed to either service users and or staff.

Measures taken to mitigate and reduce the risk where practically possible. The potential hazard is listed and then the clinics response to minimise the risk of virus transfer is then presented. The virus is transported and maintained in its active state in the human body, until such time as the body produces antibodies to control the virus and render it inert. It is believed that during this active phase the virus is expelled by the human body as an aerosol for example a cough or sneeze and even breathing. It will be carried additionally in body fluids. This virus can remain viable on certain surfaces for up to 72 hours; however some surfaces are poor hosts such as copper, including copper coins. Steel is a good host, and tissue is not. The more symptomatic a patient the greater the viral loading is believed to be and therefore the greater the risk of transmission. Whilst the screening process outlined in the Practice Protocols are such that the risk of any virus being brought to the clinic is minimised further measures stipulated below will further reduce the risk of any transmission

1: Hazard: Service users entering the building

Whilst these guidelines main emphasis is on the service user, it should be noted that these measures also apply to any member of staff or persons entering the building

Key Points

There is a potential risk of service users bringing the virus into the building and to reduce this risk the steps taken below should mitigate the risk.

- 1: No person should enter the building unless by appointment.
- 2: The service user will be triaged prior to their entry into the building. An A board sign is to be placed outside the front door with all the below info on it.
 - a) They have an appointment or reason for their visit.
 - b) It needs to be established that they have had no symptoms of Coronavirus (covid-19) within the last 2 weeks.
 - c) They do not reside in the same household as anyone that is self-isolating
 - d) They do not reside in the same household of any persons having returned from abroad within two weeks of their appointment time.

2: Hazard: Entering the building

- a) Service users will be expected to arrive as close to their allotted appointment time as is possible.
- b) Service users will be expected to arrive on their own, unless previously discussed with the treating practitioner.
- c) Service users will with their consent and where possible be tested for their temperature using a contactless thermometer.
- d) If needing to use the waiting area- chairs will be placed 2 metres apart
- e) The clinician or staff member will open any doors for the service user to enter and exit the therapy room. Wiping down if the door handles where touched.

3: Hazard: Unauthorised Entry

- a) The Body Junction building will be locked at times when there is not a member of staff at reception in order to mitigate any unauthorised visits.
- b) A notice displaying ""Entrance is by appointment only"" will be displayed on the door

4: Hazard: The waiting Room

- a) There will be enough space in Reception and outside to sit 2 metres apart if needed by service users.
All magazines, business cards, pamphlets etc. will be removed from the waiting room.

5: Hazard: Using the Reception Desk

The risk posed to Reception staff will be Social Distancing and the use of clinic equipment.

In order to protect staff from unavoidable social distancing a screen will be placed at the front desk and staff will be supplied with face masks /face shields

Interaction with the front desk will be kept to the minimum.

In order to mitigate this and reduce the risk of surface transmission.

- a) Service users will be encouraged to pay via BACs transfer
- b) Contactless payment will be installed as a matter of priority and the use of cash discouraged
- c) Screening and consent forms will be emailed to the service user for them to complete and sign prior to their arrival. If this is not possible the printed information will be given to the service user when entering the clinic room for signature.
- d) If needing to use a pen the service user will be encouraged to bring their own.
- e) If Practice pens are used these will be cleaned immediately after use.
- f) Appointment slips will be provided if required by the service user.

6: Hazard: Using Clinic Facilities

The less contact service users have with the buildings amenities the reduced risk of infection.

- a) Service users will not have access to the water dispenser, they should be advised to bring their own – however water will be supplied if it is required.
- b) Service users will be denied access to toileting facilities. This will be reviewed and cleaned after use should the need arise.

7: Hazard: Visiting the treatment facility

The fewer the number of surfaces the service user touches the less likely positive transmission will occur and in order to restrict this the following steps will be taken.

- a) The main door will be open when there is a receptionist at the front desk. When only Physiotherapist are working the door will be locked and they will let the service user in and out of the building.
- b) The service user will keep a social distance of at least 2 metres from the Practitioner when being interviewed.
- c) Following removal of PPE after the service user has left and appropriate disposal is carried out, the practitioner will then wash their hands and forearms if not wearing gloves.

8: Hazard: Waiting Room and Clinic room infection Control

- a) Any surface the service user has touched will be cleaned as stated above, however all surfaces will be cleaned using the appropriate materials at the end of each session. (a session being a morning or afternoon)
- b) Couches, chairs and door handles will be wiped after each treatment using the appropriate cleaning materials.
- c) Pillows will be covered in a white bin liner and couch roll paper placed on top. The paper will be discarded in the appropriate waste bin after use.
- d) This risk management policy will continue to be in existence for a minimum of one month and continually reviewed as necessary and monitored.

9: Hazard: Studio and infection control

- a) The studio class will be reduced to 6, with a meter distance between clients.
- b) The teachers will wear face shields and socially distance with no hands on manual corrections of clients.
- c) The mats and any equipment used will be wiped down between each class.
- d) There will be a gap between classes to allow for change over and cleaning.
- e) Windows will be open as much as possible.
- f) Clients using the studio should bring their own water and towel if desired

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Date: 1st July 2020