PILATES CLASSES TERM

Mon 9th September- Fri 25th October

Day	Time	Class	Teacher								Wks this term	To Pay
MON	09:20 - 10:15	Intermediate	Charlotte	£10	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	7	£70.00
	10:30 - 11:25	Intermediate	Charlotte	£10	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	7	£70.00
	14:30 - 15:25	Mixed level	Charlotte	£10	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	7	£70.00
	18:00 - 18:55	Total Barre class	Sarah	£10	09-Sep	XX	23-Sep	XX	07-Oct	XX	21-Oct	4	£40.00
	18:00 - 18:55	Tai Chi	Sarah	£10	XX	16-Sep	XX	30-Sep	XX	14-Oct	XX	3	£30.00
	19:00 - 19:55	Intermediate	Charlotte	£10	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	7	£70.00
	19:00 - 19:55	Ballet Barre	Lucy	£10	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	7	£70.00
	20:00 - 20:55	Intermediate	Lucy	£10	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	7	£70.00
TUE	09.00-09.55	New Beginners	Lucy	£10	10-Sep	17-Sep	24-Sep	01-Oct	08-Oct	15-Oct	22-Oct	7	£70.00
	10:15 - 11:10	Mixed Level	Lucy	£10	10-Sep	17-Sep	24-Sep	01-Oct	08-Oct	15-Oct	22-Oct	7	£70.00
	14:00 - 14:55	Beginners	Charlotte	£10	10-Sep	17-Sep	24-Sep	01-Oct	08-Oct	15-Oct	22-Oct	7	£70.00
	17:20 - 18:15	Mixed Level	Sarah W	£10	10-Sep	17-Sep	24-Sep	01-Oct	08-Oct	15-Oct	22-Oct	7	£70.00
	18:30 - 19:25	Mixed Level	Mel	£10	10-Sep	17-Sep	24-Sep	01-Oct	08-Oct	15-Oct	22-Oct	7	£70.00
	19:30 - 20:25	Beginners	Mel	£10	10-Sep	17-Sep	24-Sep	01-Oct	08-Oct	15-Oct	22-Oct	7	£70.00
WED	08:15 - 09:10	Beginners	Katy	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
	09:20 - 10:15	Mixed Level	Jen	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
	10:20 - 11:15	Mixed Level	Jen	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
	16:00 - 16:55	Mixed level	Sarah W	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
	17:30 -18:25	Beginners	Katy	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
	18:30 - 19:25	Mixed Level	Jen	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
	19:30 - 20:25	Mixed Level	Jen	£10	11-Sep	18-Sep	25-Sep	02-Oct	09-Oct	16-Oct	23-Oct	7	£70.00
THU	08:30 - 09:25	Intermediate	Jen	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
	09:30 - 10:25	Mixed Level	Jen	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
	10:30 - 11:25	Mixed level	Sarah W	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
	13:55 - 14:50	Remedial	Charlotte	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
	17:15 - 18:10	Beginners	Mel	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
	18:20 - 19:15	Mixed Level	Sarah W	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
	19:20 - 20:15	Mixed Level	Charlotte	£10	12-Sep	19-Sep	26-Sep	03-Oct	10-Oct	17-Oct	24-Oct	7	£70.00
FRI	09:30 - 10:25	Mixed Level	Charlotte	£10	13-Sep	20-Sep	27-Sep	04-Oct	11-Oct	18-Oct	25-Oct	7	£70.00
	10:30 - 11:25	Remedial	Charlotte	£10	13-Sep	20-Sep	27-Sep	04-Oct	11-Oct	18-Oct	25-Oct	7	£70.00
	11:30 - 12:25	Beginners	Jen	£10	13-Sep	20-Sep	27-Sep	04-Oct	11-Oct	18-Oct	25-Oct	7	£70.00

Please book online at https://app.gymcatch.com/provider/625/events

You will need to create an account to make your booking, get reminders and pay securely to confirm your place