

Day	Time	Class	Teacher
MON	09:20 - 10:15	Intermediate	Charlotte
	10:30 - 11:25	Intermediate	Charlotte
	14:30 - 15:25	Mixed level	Charlotte
	17:00 - 17:55	Mixed Level	Charlotte
	18.00-18.55	Tai Chi	Sarah
		Total Barre class	Sarah
	19:00 - 19:55	Intermediate	Charlotte
	19:00 - 19:55	Ballet Barre (equip studio)	Daisy
20:00 - 20:55	Intermediate	Daisy	
TUE	09:20 - 10:15	Beginners	Lucy
	10:30 - 11:25	Mixed Level	Lucy
	14:00 - 14:55	NEW Beginners	Charlotte
	17.20 - 18.15	Mixed Level	Sarah W
	18:30 - 19:25	Mixed Level	Mel
	19:30 - 20:25	NEW Beginners	Mel
WED	08.15 - 09.10	New Beginners	Katy
	09:20 - 10:15	Mixed Level	Jen
	10:20 - 11:15	Mixed Level	Jen
	16:00 - 16:55	Mixed level	Sarah W
	17:30 - 18:25	Beginners	Katy
	18:30 - 19:25	Mixed Level	Jen
	19:30 - 20:30	Ballet Barre (equip studio)	Daisy
	19:30 - 20:25	Mixed Level	Jen
THU	08:30 - 09:25	Intermediate	Jen
	09:30 - 10:25	Mixed Level	Jen
	10:30 - 11:25	Mixed level	Sarah W
	13:55 - 14:50	Remedial	Charlotte
	17:15 - 18:10	Beginners	Mel
	18:20 - 19:15	Mixed Level	Sarah W
	19:20 - 20:15	Mixed Level	Charlotte
FRI	09:30 - 10:25	Mixed Level	Charlotte
	10:30 - 11:25	Remedial	Charlotte
	11:30 - 12:25	Beginners	Jen
SAT	10.30 - 11.30	Stretch and Flex *NEW*	Daisy

## PILATES CLASSES TERM

**Mon 25th Feb - Thur 5th April**

								Wks this term	To Pay
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	25-Feb		11-Mar					2	£20.00
£10		04-Mar		18-Mar		01-Apr		3	£30.00
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	25-Feb	04-Mar	11-Mar	18-Mar	25-Mar	01-Apr		6	£60.00
£10	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr		6	£60.00
£10	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr		6	£60.00
£10	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr		6	£60.00
£10	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr		6	£60.00
£10	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr	T	6	£60.00
£10	26-Feb	05-Mar	12-Mar	19-Mar	26-Mar	02-Apr	W	6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	O	6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr		6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	W	6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	E	6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	E	6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr	K	6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr		6	£60.00
£10	27-Feb	06-Mar	13-Mar	20-Mar	27-Mar	03-Apr		6	£60.00
£10	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr	E	6	£60.00
£10	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr	A	6	£60.00
£10	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr	S	6	£60.00
£10	28-Feb	07-Mar	14-Mar	21-Mar		04-Apr	T	5	£50.00
£10	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr	E	6	£60.00
£10	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr	R	6	£60.00
£10	28-Feb	07-Mar	14-Mar	21-Mar	28-Mar	04-Apr		6	£60.00
£10	01-Mar	08-Mar	15-Mar	22-Mar	29-Mar	05-Apr	H	6	£60.00
£10	01-Mar	08-Mar	15-Mar	22-Mar	29-Mar	05-Apr	O	6	£60.00
£10	01-Mar	08-Mar	15-Mar	22-Mar	29-Mar	05-Apr	L	6	£60.00
£10	02-Mar	09-Mar	16-Mar	23-Mar	30-Mar	06-Apr	S	6	£60.00

Please book online at <https://app.gymcatch.com/provider/625/events>

You will need to create an account to make your booking, get reminders and pay securely to confirm your place

Classes resume on Tuesday 23rd April for a 5 week term £50