

Day	Time	Class	Teacher
MON	09:20 - 10:15	Intermediate	Charlotte
	10:30 - 11:25	Intermediate	Charlotte
	14:30 - 15:25	Mixed level	Charlotte
	17:00 - 17:55	Mixed Level	Charlotte
	18.00-18.55	Pilates Chillout	Sarah
		Total Barre class	Sarah
	19:00 - 19:55	Intermediate	Charlotte
	19:00 - 19:55	Ballet Barre (equip studio)	Daisy
20:00 - 20:55	Intermediate	Daisy	
TUE	09:20 - 10:15	Beginners	Charlotte
	10:30 - 11:25	Mixed Level	Charlotte /Sarah
	14:00 - 14:55	NEW Beginners	Charlotte
	17.20 - 18.15	Mixed Level	Sarah W
	18:30 - 19:25	Mixed Level	Mel
	19:30 - 20:25	NEW Beginners	Mel
WED	08.15 - 09.10	New Beginners	Katy
	09:20 - 10:15	Mixed Level	Jen
	10:20 - 11:15	Mixed Level	Jen
	16:00 - 16:55	Mixed level	Sarah W
	17:30 -18:25	Beginners	Katy
	18:30 - 19:25	Mixed Level	Jen
	19:30 - 20:30	Ballet Barre (equip studio)	Daisy
	19:30 - 20:25	Mixed Level	Jen
THU	08:30 - 09:25	Intermediate	Jen
	09:30 - 10:25	Mixed Level	Jen
	10:30 - 11:25	Mixed level	Sarah W
	13:55 - 14:50	Special Back Class	Charlotte
	17:15 - 18:10	Beginners	Mel
	18:20 - 19:15	Mixed Level	Sarah W
	19:20 - 20:15	Mixed Level	Charlotte
FRI	09:30 - 10:25	Mixed Level	Charlotte
	10:30 - 11:25	Remedial	Charlotte
	11:30 - 12:25	Beginners	Jen
SAT	10.30 - 11.30	Stretch and Fletch *NEW*	Daisy

PILATES CLASSES TERM

Mon 7th Jan - Fri 15th Feb

						Wks this term	To Pay	
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10		14-Jan		28-Jan		11-Feb	3	£30.00
£10	07-Jan		21-Jan		04-Feb		3	£30.00
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10	07-Jan	14-Jan	21-Jan	28-Jan	04-Feb	11-Feb	6	£60.00
£10	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£60.00
£10	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£60.00
£10	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£60.00
£10	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£60.00
£10	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£60.00
£10	08-Jan	15-Jan	22-Jan	29-Jan	05-Feb	12-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	09-Jan	16-Jan	23-Jan	30-Jan	06-Feb	13-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	10-Jan	17-Jan	24-Jan	31-Jan	07-Feb	14-Feb	6	£60.00
£10	11-Jan	18-Jan	25-Jan	01-Feb	08-Feb	15-Feb	6	£60.00
£10	11-Jan	18-Jan	25-Jan	01-Feb	08-Feb	15-Feb	6	£60.00
£10	11-Jan	18-Jan	25-Jan	01-Feb	08-Feb	15-Feb	6	£60.00
£10	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	16-Feb	6	£60.00

Please book online at <https://app.gymcatch.com/provider/625/events>

You will need to create an account to make your booking, get reminders and pay securely to confirm your place